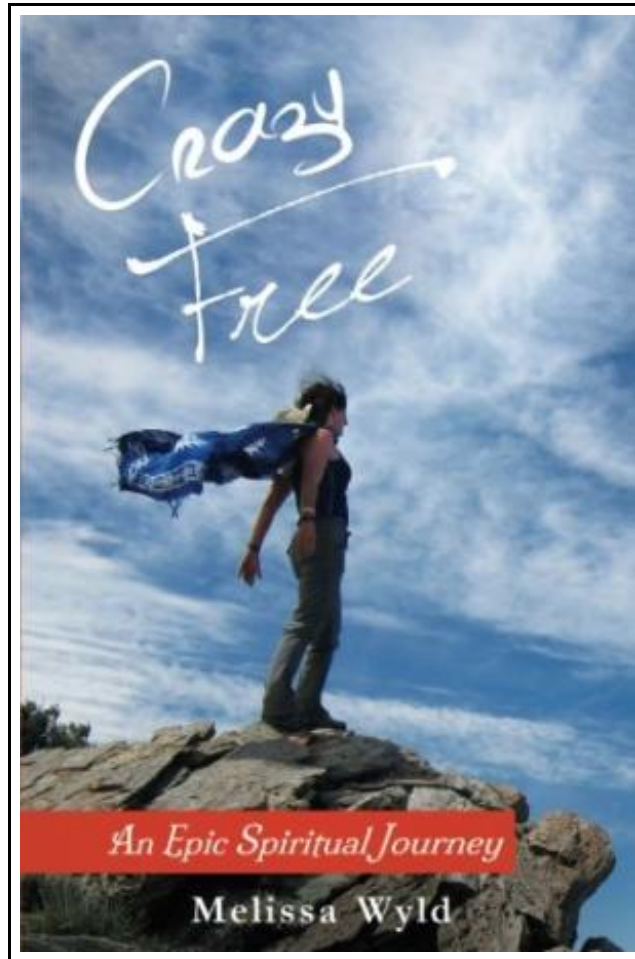


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CRAZY FREE: AN EPIC SPIRITUAL JOURNEY (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****. Crazy Free - An Epic Spiritual Journey is the true story of one woman s solo adventures, over 15,000 miles by road, 2,660 miles on foot and 444 miles by kayak, with a side trip to the Indian Himalayas. A journey of exploration, transformation and awakening. Melissa Wyld once lived an irreproachably normal and comfortable life - successful career, loving husband, large suburban house: the full conventional happiness package. Her life was perfect . except for the restlessness clawing at her heart and her obsessive need for fresh air. Crazy free is the vivid and intimate story of the author s leap of faith to unplug and awaken. Her quest for ultimate freedom leads her to walk the entire length of the Pacific Crest Trail from Mexico to Canada, kayak the Yukon River, explore the path of yoga in the foothills of the Indian Himalayas, survive her greatest love, and embrace a full-time off-the-grid life in the back of her beloved Toyota truck. And, at each step, she must choose: surrender to the path of magic and unconventionality or shrink back to a world of debts, jobs, fears and social expectations. Praise for Crazy Free Many of us dream of giving up comfort and security for absolute freedom but lack the courage or confidence to really give it a go. If your mind ever goes there, this book will strike you to the core. If not, it might just take you there. Evan J. Larsell, world traveler and big-wall climber Crazy Free is a sort of Eat Pray Love with dirt under the fingernails, an Into the Wild type of story where, thankfully, the...



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