



Born to Win: Transactional Analysis with Gestalt Experiments

By Muriel James, Dorothy Jongeward

The Perseus Books Group. Paperback. Book Condition: new. BRAND NEW, Born to Win: Transactional Analysis with Gestalt Experiments, Muriel James, Dorothy Jongeward, Twenty-five years and four million readers show that Born to Win can change lives for the better. This bestselling classic uses the well-known psychological method called transactional analysis (TA) to uncover the roles we unconsciously act out day after day. Its fifty gestalt exercises have helped a generation realize how they communicate with others and think about themselves. If you want to have more control over your life, work more efficiently, and love others happily, Born to Win will help bring out the insight and confidence of a born winner.



Reviews

Definitely among the best book I have got possibly study. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Olga Ledner MD

Complete guide for publication enthusiasts. I have read and i am sure that i will going to study again once again in the future. Your way of life period will be transform once you total looking over this publication.

-- Shayne O'Conner

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